

Next steps

Medications

MOUD administered today: _____ Dose: _____ Time: _____

Prescription: _____ To treat: _____

Prescription: _____ To treat: _____

Prescription: _____ To treat: _____

Prescription: _____ To treat: _____

Your follow-up information

Meet with: _____

Date: _____ Time: _____

Location or contact info: _____

Please call **1-866-789-1511** if you need help getting to or rescheduling this appointment

If you are taking your first dose of buprenorphine on your own, you can find information on starting buprenorphine at home at this link:



You are not alone



Washington Recovery Helpline – free, confidential, 24/7 support for substance use disorder and help finding treatment options.



1-866-789-1511



warecoveryhelpline.org

WA Telebupe Hotline – provides low-barrier access to buprenorphine for opioid use disorder daily from 9 am – 9 pm.



206-289-0287



watelebupe.org

SafeSpot Hotline – a trained peer will stay on the line and call for help if you become unresponsive while using.



1-800-972-0590

Washington Syringe Service Programs – drug user health programs providing naloxone, safer use supplies, and other harm reduction resources.



doh.wa.gov/SSPlist